



Allergen Information

The information provided in this document is based on standard product formulations and information provided by our suppliers. Please note that normal kitchen operations may involve shared equipment (e.g., oven, beverage machines, toaster, panini press), shared cooking and preparation areas and utensils, and the possibility exists that your food items may come in contact with other food products, including other allergens. Although we take precautions, we cannot guarantee that cross-contact of allergens will not occur, and we do not assume responsibility for a person's sensitivity or allergy to any food item provided in our restaurants.

Test, Limited Time Only and certain regional offerings may not be listed within this document. Information is applicable to products served in Canadian restaurants and may be subject to change at any time. We encourage anyone with food sensitivities, allergies, or special dietary needs to check www.TimHortons.ca on a regular basis to obtain the most up-to-date information before ordering.

This document reflects information for our products as of August 2023.

x = Contains | o = May Contain

Menu Item	Wheat & Gluten	Milk	Egg	Soy	Peanuts	Tree Nuts	Fish & Shellfish	Sesame	Mustard	Sulphites
Coffee, Tea & Other Hot Beverages										
Original Blend Coffee										
Dark Roast Coffee										
Decaf Coffee										
Regular Coffee		x								
Double Double Coffee		x								
Cappuccino		x				o				
Latte		x				o				
Coffee Mocha		x								
French Vanilla		x		x						
Hot Chocolate		x								
White Hot Chocolate		x								
London Fog		x				o				
Bagged Tea										
Steeped Tea										
Hot Beverages - Limited Time Only										
Pumpkin Spice Latte	o	x		o					o	o
Cold Beverages										
Iced Coffee		x								
Light Iced Coffee		x								
Original Cold Brew										
Vanilla Cream Cold Brew		x								
Roasted Hazelnut Cold Brew		x		x						
Original Iced Capp®	o	x				o				
Light Iced Capp®	o	x				o				
Mocha Iced Capp®	o	x				o				

x = Contains | o = May Contain

Menu Item	Wheat & Gluten	Milk	Egg	Soy	Peanuts	Tree Nuts	Fish & Shellfish	Sesame	Mustard	Sulphites
Vanilla Iced Capp®	o	x				o				
Caramel Iced Capp®	o	x				o				
Chocolate Creamy Chill	o	x				o				
Vanilla Creamy Chill	o	x				o				
Strawberry Creamy Chill	o	x				o				
Strawberry Smoothie	o	x				o				
Frozen Lemonade	o	o		o		o				o
Strawberry Frozen Lemonade	o	o		o		o				o
Classic Lemonade										
Peach Quencher										
Strawberry Watermelon Quencher										
Orange Ginger Sparkling Quencher										
Blackberry Yuzu Sparkling Quencher										
Cold Beverages - Limited Time Only										
Pumpkin Spice Cold Brew	o	x		x					o	o
Pumpkin Spice Iced Latte	o	x		o					o	o
Pumpkin Spice Iced Capp	o	x		o					o	o
Beverage Additions										
Whipped Topping		x								
Espresso Foam		x		x						
Mocha Syrup										
Vanilla Syrup										
Caramel Syrup		x								
Roasted Hazelnut Flavoured Syrup										
Pumpkin Spice Syrup	o	x		o					o	o

x = Contains | o = May Contain

Menu Item	Wheat & Gluten	Milk	Egg	Soy	Peanuts	Tree Nuts	Fish & Shellfish	Sesame	Mustard	Sulphites
Donuts										
Apple Fritter Donut	x	x	o	o		o				o
Blueberry Donut	x	x	x	x		o				o
Boston Cream Donut	x	x	o	o		o				x
Canadian Maple Donut	x	x	o	o		o				o
Chocolate Cruller Donut	x	x	x	o		o				x
Chocolate Dip Donut	x	x	o	o		o				x
Chocolate Éclair Donut	x	x	o	x		o				x
Chocolate Glazed Donut	x	x	x	x		o				o
Chocolate Marble Donut	x	x	x	x		o				x
Chocolate Snow Donut	x	x	x	x		o				o
Chocolate Toasted Coconut Donut	x	x	x	x		o				o
Coconut Cream Donut	x	x	o	o		o				o
Double Chocolate Donut	x	x	x	x		o				x
Honey Cruller Donut	x	x	x	o		o				o
Honey Dip Donut	x	x	o	o		o				o
Long John Donut	x	x	o	o		o				x
Maple Cruller Donut	x	x	x	o		o				o
Maple Dip Donut	x	x	o	o		o				o
Maple Éclair Donut	x	x	o	x		o				o
Maple Swirl Donut	x	x	o	o		o				o
Old Fashioned Dip Donut	x	x	x	x		o				x
Old Fashioned Glazed Donut	x	x	x	x		o				o
Old Fashioned Plain Donut	x	x	x	x		o				o
Old Fashioned Snow Donut	x	x	x	x		o				o
Old Fashioned Sugar Donut	x	x	x	x		o				o
Powdered Venetian Cream Donut	x	x	o	o		o				o

x = Contains | o = May Contain

Menu Item	Wheat & Gluten	Milk	Egg	Soy	Peanuts	Tree Nuts	Fish & Shellfish	Sesame	Mustard	Sulphites
Sour Cream Glazed Donut	x	x	x	x		o				o
Sour Cream Plain Donut	x	x	x	x		o				o
Sour Cream Sugar Donut	x	x	x	x		o				o
Strawberry Dip Donut	x	x	o	o		o				o
Strawberry Filled Donut	x	x	o	o		o				o
Strawberry Swirl Donut	x	x	o	o		o				o
Strawberry Vanilla Donut	x	x	o	o		o				o
Sugar Loop Donut	x	x	o	o		o				o
Toasted Coconut Donut	x	x	x	x		o				o
Vanilla Dip Donut	x	x	o	o		o				o
Donuts - Limited Time Only										
Dulce Apple Fritter Dream Donut	x	x	o	o		o				o
Timbits®										
Birthday Cake Timbit	x	x	x	x		o				o
Chocolate Glazed Timbit	x	x	x	x		o				o
Chocolate Snow Ball Timbit	x	x	x	x		o				o
Chocolate Toasted Coconut Timbit	x	x	x	x		o				o
Honey Dip Timbit	x	x	o	o		o				o
Old Fashioned Glazed Timbit	x	x	x	x		o				o
Old Fashioned Plain Timbit	x	x	x	x		o				o
Old Fashioned Sugar Timbit	x	x	x	x		o				o
Snow Ball Timbit	x	x	x	x		o				o
Sour Cream Glazed Timbit	x	x	x	x		o				o
Sour Cream Plain Timbit	x	x	x	x		o				o
Sour Cream Sugar Timbit	x	x	x	x		o				o
Strawberry Timbit	x	x	o	o		o				o
Toasted Coconut Timbit	x	x	x	x		o				o

x = Contains | o = May Contain

Menu Item	Wheat & Gluten	Milk	Egg	Soy	Peanuts	Tree Nuts	Fish & Shellfish	Sesame	Mustard	Sulphites
Venetian Cream Timbit	x	x	o	o		o				o
Baked Goods										
Muffins										
Chocolate Chip Muffin	x	x	x	x		o				
Fruit Explosion Muffin	x	x	x	o		o				
Wild Blueberry Muffin	x	x	x	o		o				
Raisin Bran Muffin	x	x	x	o		o				
Carrot Cake Walnut Muffin	x	x	x	x		x				
Banana Pecan Muffin	x	x	x	o		x				
Pumpkin Spice Muffin	x	x	x	o		o				
Cookies										
Chocolate Chunk Cookie	x	x	x	x	o	o				
Peanut Butter Cookie	x	x	x	x	x	o				
Dream Cookies™										
Rocky Road Dream Cookie with pecans	x	x	x	x	o	x				
Reese's Minis Dream Cookie with pecans	x	x	x	x	x	x				
Dream Cookie made with M&M Minis	x	x	x	x	o	o				
Croissants										
Plain Croissant	x	x	o	x		o		o		o
Cheese Croissant	x	x	o	x		o		o		o
Chocolate Croissant	x	x	o	x		o		o		o
Cinnamon Buns										
Cinnamon Bun	x	x	x	x		o				
Tea Biscuits										
Cheese Tea Biscuit	x	x	o	o						o
Raisin Tea Biscuit	x	x	o	o						o

x = Contains | o = May Contain

Menu Item	Wheat & Gluten	Milk	Egg	Soy	Peanuts	Tree Nuts	Fish & Shellfish	Sesame	Mustard	Sulphites
Savoury Pastries										
Jalapeno Savoury Pastry	x	x	x	x						
Herb & Garlic Savoury Pastry	x	x	x	x						
Everything Twist	x	x		x						o
Four Cheese Twist	x	x		x						o
Classic Bagels										
Plain Bagel	x	o	o	o		o		x		o
Sesame Seed Bagel	x	o	o	o		o		x		o
Everything Bagel	x	o	o	o		o		x		o
12-Grain Bagel	x	o	o	o		o		x		o
Cinnamon Raisin Bagel	x	o	o	o		o		x		o
Blueberry Bagel	x	o	o	o		o		o		o
Specialty Bagels										
Four Cheese Bagel	x	x	o					x		o
Jalapeno Asiago Mozzarella Bagel	x	x	o					o		o
Bagel Toppings										
Plain Cream Cheese		x								
Herb & Garlic Cream Cheese		x								
Strawberry Cream Cheese		x								
Butter		x								
Strawberry Jam Packet										
Raspberry Jam Packet										
Peanut Butter					x					
Breakfast										
Classic Breakfast Sandwiches										
Sausage Homestyle Biscuit Sandwich	x	x	x	x						o
Bacon Homestyle Biscuit Sandwich	x	x	x	x						o

x = Contains | o = May Contain

Menu Item	Wheat & Gluten	Milk	Egg	Soy	Peanuts	Tree Nuts	Fish & Shellfish	Sesame	Mustard	Sulphites
Egg & Cheese Homestyle Biscuit Sandwich	x	x	x	x						o
Steak & Egg Homestyle Biscuit Sandwich	x	x	x	x					x	o
Simply Sausage Homestyle Biscuit Sandwich	x	x		x						o
Sausage English Muffin Sandwich	x	x	x	x						
Bacon English Muffin Sandwich	x	x	x	x						
Egg & Cheese English Muffin Sandwich	x	x	x	x						
Bagel Breakfast Sandwiches										
Sausage Plain Bagel Sandwich	x	x	x	x		o		x		o
Bacon Plain Bagel Sandwich	x	x	x	x		o		x		o
Sausage Sesame Seed Bagel Sandwich	x	x	x	x		o		x		o
Bacon Sesame Seed Bagel Sandwich	x	x	x	x		o		x		o
Sausage Everything Bagel Sandwich	x	x	x	x		o		x		o
Bacon Everything Bagel Sandwich	x	x	x	x		o		x		o
Sausage 12-Grain Bagel Sandwich	x	x	x	x		o		x		o
Bacon 12-Grain Bagel Sandwich	x	x	x	x		o		x		o
Bagel BELT Breakfast Sandwiches										
Plain Bagel BELT Sandwich	x	x	x	x		o		x		o
Sesame Seed Bagel BELT Sandwich	x	x	x	x		o		x		o
Everything Bagel BELT Sandwich	x	x	x	x		o		x		o
12-Grain Bagel BELT Sandwich	x	x	x	x		o		x		o
Breakfast Wraps										
Sausage Breakfast Wrap	x	x	x	x						
Bacon Breakfast Wrap	x	x	x	x						
Sausage & Bacon Breakfast Wrap	x	x	x	x						
Sausage Farmer's Wrap	x	x	x	x						
Bacon Farmer's Wrap	x	x	x	x						
Other										
Hash Brown										

x = Contains | o = May Contain

Menu Item	Wheat & Gluten	Milk	Egg	Soy	Peanuts	Tree Nuts	Fish & Shellfish	Sesame	Mustard	Sulphites
Yogurt Parfait	o	x		o		x				x
Breakfast - Limited Time Only										
Sausage Everything Croissant Sandwich	x	x	x	x		o		x		
Bacon Everything Croissant Sandwich	x	x	x	x		o		x		
Egg & Cheese Everything Croissant Sandwich	x	x	x	x		o		x		
Smoky Honey Bacon English Muffin Sandwich	x	x	x	x						
Smoky Honey Bacon Everything Bagel BELT	x	x	x	x		o		x		o
Lunch										
Sandwiches										
Turkey Bacon Club Sandwich	x	o	x	o		o		o	x	x
BLT Sandwich	x	o	x	o		o		o	x	
Ham & Cheddar Sandwich	x	x	x	o		o		o	x	
Roast Beef & Cheddar Sandwich	x	x	x	o		o		o	x	
Crispy Chicken Craveable	x	x	x	o		o		o	x	
Roast Beef Craveable	x	x	x	o		o		o	x	
Wraps										
Chicken Bacon Ranch Wrap	x	x	x	x						
Crispy Chicken Bacon Ranch Wrap	x	x	x	x						
Classic Chicken Wrap	x		x						x	
Classic Crispy Chicken Wrap	x	x	x	o					x	
Loaded Wraps										
Cilantro Lime Chicken Loaded Wrap	x	x	x	x						
Cilantro Lime Crispy Chicken Loaded Wrap	x	x	x	x						
Cilantro Lime Veggie Loaded Wrap	x	x	x	x						
Habanero Chicken Loaded Wrap	x		x	x						
Habanero Crispy Chicken Loaded Wrap	x	x	x	x						
Habanero Veggie Loaded Wrap	x		x	x						

x = Contains | o = May Contain

Menu Item	Wheat & Gluten	Milk	Egg	Soy	Peanuts	Tree Nuts	Fish & Shellfish	Sesame	Mustard	Sulphites
Chipotle Steak Loaded Wrap	x	x	x	x						
Loaded Bowls										
Cilantro Lime Chicken Loaded Bowl	x	x	x	x						
Cilantro Lime Crispy Chicken Loaded Bowl	x	x	x	x						
Cilantro Lime Veggie Loaded Bowl	x	x	x	x						
Habanero Chicken Loaded Bowl	x		x	x						
Habanero Crispy Chicken Loaded Bowl	x	x	x	x						
Habanero Veggie Loaded Bowl	x		x	x						
Chipotle Steak Loaded Bowl	x	x	x	x						
Melts										
Grilled Cheese Melt	x	x		x				x		
Bacon Grilled Cheese Melt	x	x		x				x		
Turkey Melt	x	x	x	x				x	x	x
Ham Melt	x	x	x	x				x	x	
Soups & Chili										
Chicken Noodle Soup	x	x	x	o						
Cream of Broccoli Soup		x		x					x	
Garden Minestrone Soup	x	x	x							
Tomato Parmesan Soup		x								
Spicy Thai Soup	x	x		x			x			
Potato Bacon Chowder		x		o						
Clam Chowder	x	x					x			
Beef Chili				x						
Sides										
Potato Wedges	x									
Soup Bun	x	o	o	o		o		o		
Lunch - Limited Time Only										
BBQ Crispy Chicken Loaded Wrap	x	x	x	o					x	

x = Contains | o = May Contain

Menu Item	Wheat & Gluten	Milk	Egg	Soy	Peanuts	Tree Nuts	Fish & Shellfish	Sesame	Mustard	Sulphites
BBQ Crispy Chicken Loaded Bowl	x	x	x	o					x	
Sauces										
Mayonnaise			x						x	
Buttermilk Ranch Sauce		x	x	x						
Chipotle Sauce		x	x	x						
Creamy BBQ Sauce			x						x	
Spicy Habanero Sauce			x	x						
Cilantro Lime Sauce		x	x	x						
Steak Sauce			x						x	